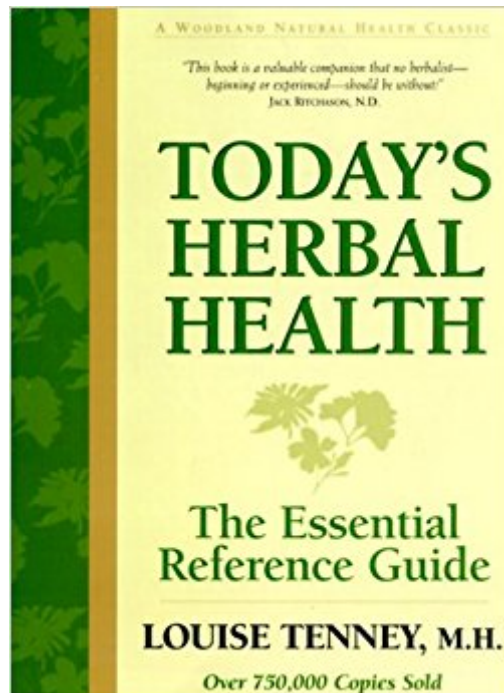




The book was found

Today's Herbal Health: The Essential Reference Guide



Synopsis

Louise Tenney's best-selling title TODAY'S HERBAL HEALTH is now bigger and better than ever in its sixth edition, with a completely new and comprehensive explanation of herbs and their healing properties. This new edition covers both single herbs and herbs used in combinations, with up-to-date information on nearly 200 herbs. It contains concise, comprehensive listings of herbs, ailments and body systems, and covers standard medical treatments with possible side effects. It's a classic that should be in every herbalist's reference library. (This edition is spiral-bound.) --This text refers to an alternate Spiral-bound edition.

Book Information

Spiral-bound: 352 pages

Publisher: Woodland Publishing; 5th edition (January 2000)

Language: English

ISBN-10: 1580540821

ISBN-13: 978-1580540827

Product Dimensions: 10.9 x 9 x 1 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (42 customer reviews)

Best Sellers Rank: #1,456,860 in Books (See Top 100 in Books) #83 in [Books > Health, Fitness & Dieting > Alternative Medicine > Reference](#) #1449 in [Books > Health, Fitness & Dieting > Reference](#) #2322 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#)

Customer Reviews

I would have to say that more times than I care to count, I have gone to this book to look for information that just was not in my others. I am working on collecting as much reputable material as I can get my hands on. This one is definatly worth every penny I paid. I think that you would enjoy it if you are looking for a book that goes that extra mile to give you more information. I have only a few words for you, "Buy it, you won't regret it!" I love my copy.

This book has been instrumental to getting my family naturally healthy. It is not quite as complete as I would like, but it definitely is my go-to book when anyone is ill or if people ask me for advice for specific ailments. I purchased some herbs off after reading about them in this book, and they have done exactly as Louise wrote, so I know she knows what she's writing about. Definitely a wonderful book to introduce yourself to the world of herbal health. One thing I like is that the herbs are listed

alphabetically, and then in the back of the book the systems of the body and different ailments are listed along with combinations of herbs that are beneficial to putting yourself back into good health.

This book has HISTORICAL evidence .Most of the herbs listed, describe thousands of years of historical use.., Herbs for healing, AND NATURAL HELP . Herbs listed in this book are for hundreds of illness, AND MOST herbs ,are NATURAL products , 90% TROUBLE FREE.MUCH better then> PERScription drugs, that have 99% hurtful SIDE EFFECTS.IF we can get medical doctors who give patients "DRUGS" to STOP use of man-made products...(, and use NATURAL products ,instead) .We would ALL live longer & in better health..This author has written other books that explain the difference of many drugs & herbs.

The best book by far that I have ever read on herbs. It covers every detail and every question you could wonder about. The book is a little over 400 pages long. Everything, a d I mean everything is in this book. I got the spiral bound instead of the hard cover because it is easier to use at a desk or on the kitchen counter. Make sure that when you can, pick this up as a treat for yourself, you will treasure it.

I've collected a small library of herb books over the years, and this is by far the one I reach for the most.

Most of the herbs listed ,are described as having been in use for thousands of years.(some even in Bible)Herbs of healing, and natural help/Herbs listed in this book are for hundreds of illness.Herbs are natural products,90% trouble free.Much better then prescription drugs, that have 99% side effects.If you use a Homeopathist who is a doctor , who uses homeopathy , it is safer then usinga regular M.D. > allopathic doctor , who uses prescription drugs, that have side effects.This author has written several helpful books , (some comparing drug effects)Her herbal books have many historical herbs that have heavenly benefits.

This is a great reference book and use herbs so much. God gave plants to us and what He gives we should use to the best of our ability! Chemicals are man made. i don't have good luck with them at all. Elaine in TEXAS!

Very, very well researched, with simple remedies such as my Comanche ancestors passed down

my way. Check into the soybean/cancer remedies, for instance. Remedies work over time, not instantly. Bless you.

[Download to continue reading...](#)

Herbal Antibiotics: 25 Best Herbal Remedies Way To Heal Yourself Faster (Herbal Antibiotics, Herbal Remedies,herbal antibiotics and antivirals) DIY Herbal Gardening - Learn The Benefits Of Planting The Top 5 Medicinal Plants (Herbal Gardening, DIY Herbal Gardening, Medicinal Plants, Herbal Medicines, Herbal Cure) Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1) Today's Herbal Health: The Essential Reference Guide ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Prescription for Herbal Healing, 2nd Edition: An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies Today's Herbal Health for Women: The Modern Woman's Natural Health Guide Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) Jeanne Rose: Herbal Body Book: The Herbal Way to Natural Beauty & Health for Men & Women Llewellyn's 2017 Herbal Almanac: Herbs for Growing & Gathering, Cooking & Crafts, Health & Beauty, History, Myth & Lore (Llewellyn's Herbal Almanac) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Herbal Remedies:The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs,Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Holistic Herbal: A Safe and Practical Guide to Making and Using Herbal Remedies Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Herbal Treatment for Peptic Ulcer and Gastritis (Herbal Cure) The One Earth Herbal Sourcebook: Everything You Need to Know About Chinese, Western, and Ayurvedic Herbal Treatments Herbal Contraindications and Drug Interactions: Plus Herbal Adjuncts with Medicines, 4th Edition Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie)

Contact Us

DMCA

Privacy

FAQ & Help